SENIOR CITIZEN MENU

MONDAY - FRIDAY

2 COURSES £8.50PP | 3 COURSES £9.75PP

STARTERS -

SOUP OF THE DAY

CHICKEN GOUJONS

HALLOUMI OR TOFU FRITTERS

MAINS —

HAM, EGG & CHIPS

FISH AND CHIPS WITH PEAS

WARM CHICKEN & BACON SALAD

TUNA MELT TOASTIE WITH SALAD

CHEESE BURGER WITH CHIPS

— DESSERTS —

CAPPUCCINO CAKE

HOME MADE PLAIN OR FRUIT SCONE WITH JAM & BUTTER VICTORIA SPONGE





DOGGY MENU

DOGGY BISCUITS

SAUSAGE (1) £0.60

PUPPACCHINO £1.00

TWO RASHERS OF BACON £1.50

THE HYDRO CAFÉ MENUU

The Hydro, 75 Spring Gardens, Buxton, Derbyshire, SK17 6BP | 01298 938230 | www.thehydrocafe.com *The Hydro's Ethos:* "To serve good, honest food, in a warm & relaxing environment, where guests arrive & leave as friends"

We do our best to state all Allergens in our dishes, please do not hesitate to ask if you have any queries, Thank you.

All our food is prepared & cooked to order, so please bare with us during busy periods, "we cook fresh food not fast food" Thank you.

V – Vegetarian | VG – Vegan | GF – Gluten Free | FOOD ALLERGY NOTICE: Please alert your server if you have any allergies!

RRFAKFAST

SERVED UNTIL 12PM

Most items on our breakfast menu have the option for Gluten Free or Vegan, just ask your server.

HYDRO FULL ENGLISH £7.25

Bacon, 2 sausages, black pudding, baked beans, fresh grilled tomato, 2 hash browns, mushrooms, fried egg, toast.

HYDRO VEGETARIAN BREAKFAST (V) £6.95

2 Veg sausages, 2 hash browns, baked beans, mushrooms, fresh grilled tomato, 2 fried eggs, toast.

HYDRO VEGAN BREAKFAST (VG) £6.75

2 Vegan sausages, 2 hash brown, mushrooms, fresh grilled tomato, baked beans, vegan scrambled eggs (tofu) and toast.

HYDRO GLUTEN FREE BREAKFAST (GF) £7.45

2 Gluten Free sausages, bacon, baked beans, mushrooms, 2 hash browns, 2 fried egg, fresh grilled tomato, gluten free toast.

HYDRO ENERGISER £6.95

2 Malted bloomer lightly toasted, served with smashed avocado, smoked salmon and 2 lightly poached eggs.

TOASTED CRUST £5.25

Bacon, tomato, cheese, all loaded on 2 toasted crusts, "naughty but oh so nice!"

BACON SANDWICH £3.00

SAUSAGE SANDWICH £3.00

BEANS ON TOAST £3.25

Two slices of toasted bloomer with beans.

POACHED EGGS ON TOAST £3.95

Two slices of toasted bloomer with two poached eggs.

TOASTED TEA CAKE £2.20

Served with butter and jam.

SANDWICHES

Open & Closed sandwiches, served on Malted Bloomer, toasted or cold, please say if you want gluten free. Served with salad, plain crisps & our home made dressing.

HAM £5.50

CHEESE & ONION £5.50

TUNA MAYO MELT £6.75

OPEN SMOKED SALMON & AVOCADO £6.95

OPEN FISH FINGER WITH MUSHY PEAS £6.45

POSH BLT £6.45

Open sandwich with maple syrup.

TOFU OR HALLOUMI WITH TAHINI & AVOCADO £6.25

VEGAN MLT WITH OLIVES £6.25

Open sandwich with mushrooms, lettuce, tomato and olives.

ADD SOUP £2.95

ADD CHIPS £2.00

LITE BITES

CHICKEN GOUJONS £4.95

Served with salad and BBQ sauce.

SWEET POTATO FALAFELS (V / VG) £4.25

Served with tahini & salad.

SOUP OF THE DAY (V / VG) £4.75

Served with lightly toasted crust.

HALLOUMI OR TOFU FRITTERS £4.50

Served with salad and green mango chutney.

BURGERS

All our burgers are Homemade & Gluten Free, served with fries, S'Law and Gherkin.

Please say when ordering if you require a Gluten Free bun.

HYDRO CLASSIC £7.95

Pure & simple burger & bun Add cheese £0.70

BACON'N' BLUES £8.95

Patty, bacon and blue cheese.

THE REAL MESSY ONE £13.75

Double pattie, bacon, cheese and to top it all off a fried egg!

Served with gravy.

THE BIG CHEESE & ONION £12.45

Double pattie layered with cheddar cheese and red onions.

ON THE BARBIE £9.45

Pattie, bacon, smoked gouda, BBQ sauce and onion rings.

CHILLI AVOCADO (V) £8.45

Halloumi, veg chilli, avocado & jalapeño.

BBQ LENTIL BURGER (V / VG) £7.95

Pattie with BBQ sauce.

WONKY FALAFEL BURGER (V / VG) £7.95

Pattie, smashed falafel, tahini sauce, jalapeños with BBQ s'law - simple!

THE NAKED ONE

Any of the above – just without the bun!

TO AVOID CONFUSION THE GLUTEN STATED IN THE ALLER-GIES COMES FROM THE BUN

SIDES

CHIPS £2.95

CHEESY CHIPS £3.95

Add Beef or Veg Chilli £1.75

S'LAW £1.75

SWEET POTATO FRIES £3.75

ONION RINGS (6) £1.95

MAIN COURSES

FISH & CHIPS WITH CHOICE OF PEAS (GF) £9.25

Add Bread & Butter £0.70

VEGAN FISH & CHIPS WITH CHOICE OF PEAS £8.95

Add Bread & Butter £0.70

VEGETARIAN FISH & CHIPS WITH CHOICE OF PEAS (GF) £8.95

Add Bread & Butter £0.70

CHICKEN, BACON & AVOCADO SALAD £8.95

Warm chicken, crispy bacon, smashed avocado served on our dressed house salad.

FALAFEL-LING SALAD (V / VG) £7.95

Our sweet potato falafels with tahini, olives, avocado all on our house salad.

HALLOUMI OR CHICKEN SALAD WITH CORN & CRUMBLED TOFU £8.95

Chicken or halloumi served with corn, jalapeños, olives, crumbled tofu and mixed seeds.

NAKED CHILLI BURRITOS (V / GF) £8.95

Rice with a choice of our homemade Beef or Vegetarian chilli served with salad, home made guacamole and jalapeños.

HOMEMADE SWEET POTATO & CHICKPEA CURRY (V / VG) £8.25

Simply served with rice, salad.

PIE OF THE DAY £9.25

Served with chips, gravy and choice of peas. Very popular!

KIDS MENU

Kids fruit shoot included.

LOCALLY SOURCED SAUSAGES WITH CHIPS & BEANS £4.95

Veggie option available.

FISH & CHIPS WITH PEAS OR BEANS (GF) £5.75 Veggie option available.

CHEESE BURGER WITH CHIPS £5.95

Veggie option available.

CHICKEN NUGGETS WITH CHIPS & BEANS £4.95

SANDWICH & CHIPS £4.50

DESSERTS

VEGAN CHOCOLATE CAKE (V / VG) £5.25

Served with ice cream. Don't be fooled by the title, Vegan it most certainly is, but it's also one of the best chocolate cakes we have tasted

(& we have tasted a lot!!)

TART AU CITRON £4.75

Glorious shortcrust pastry and tangy lemon filling, good on its own or with a little cream.

LETS GET FRUITY £4.95

Our take on an ice cream sundae, all gluten free, but to be enjoyed by all!

GLUTEN FREE VICTORIA SPONGE £4.95

Served with cream.

HOMEMADE SCONE WITH BUTTER & JAM £2.25

Plain or Fruit

GLUTEN FREE SCONE WITH BUTTER & IAM £2.55

Fruit

CREAM TEA £4.95

Tea / Coffee with Scone, Butter, Jam & Rodda's Clotted Cream

GLUTEN FREE CREAM TEA £5.25

Tea / Coffee with Scone, Butter, Jam & Rodda's Clotted Cream

GLUTEN FREE CAPPUCCINO CAKE £4.95

Served with ice cream.

DRINKS MENU

HOT BEVERAGES

GO LARGE FOR AN EXTRA 50P

ESPRESSO £1.80

AMERICANO £2.50

CAPPUCCINO £2.80

LATTE £2.80

FLAT WHITE £2.80

MOCHA £3.10

TURMERIC LATTE WITH HONEY £3.50

VANILLA CHAI LATTE £3.25

HOT CHOCOLATE £2.95

NUTELLA HOT CHOCOLATE WITH CREAM & MALLOWS £3.95

TEA (POT FOR ONE) £1.95

HERBAL TEA (POT FOR ONE) £2.25

Earl Grey / Pepper Mint / Green Tea / Lemon & Ginger / Berry & Fruit Tea / Camomile Tea

ADD ONS £0.50

FLAVOURED SYRUP

Caramel / Vanilla / Hazelnut / Peppermint / Amaretto

MARSHMALLOWS

CREAM

SHOT OF COFFEE

SOYA OR OAT MILK £0.30

COKE ZERO / DIET COKE / LEMONADE £2.20

FANTA / COKE GLASS BOTTLE 330ml £2.75

ORANGE / APPLE JUICE £2.00

PINK LEMONADE 275ml £2.75

FIERY GINGER BEER 275ml £2.75

CURIOSITY COLA 275ml £2.75

FRUIT SHOOT £1.60

BUXTON STILL / SPARKLING WATER 500ml £1.65

ICE CREAM MILKSHAKES £3.50

Chocolate / Strawberry / Vanilla / Bonafee / Caramel

SMOOTHIES £3.95

Berry / Mango / Green Popeye

LOCAL BRFW

SIR PHILIP £3.75

500ml Bottle 4.2% alc - Winkle Brewery, Macclesfield

WIBBLY WALLABY £3.95

500ml Bottle 4.4% alc - Winkle Brewery, Macclesfield

OLD OAK £4.35

Old Ale 500ml Bottle 6% alc - Winkle Brewery, Macclesfield

IP AXE EDGE £4.60

440ml 6.9% alc - Buxton Brewery

LUPULUSX £4.40

440ml 5.4% alc - Buxton Brewery

GATEKEEPER £3.75

440ml 4.1% alc - Buxton Brewery

TROLLTUNGA £4.95

440ml 6.3% alc - Buxton Brewery - Gooseberry Sour IPA